

**PAL Track Meet
Meet Records - 2017**

Athlete	School	Grade	Gender	Time/Distance	Year	Old Record	Year
Softball							
Parker Godfrey	St. Mary & All Angels	1	M	98' 0"	2004		
Mary O'Hara	St John Baptist	1	F	72' 0"	2014	67" 0"	2012
Connor Airey	St Juliana	2	M	120' 0"	2006		
Allison O'Heaney	St John Baptist	2	F	78' 0"	2010	70'	2005
Connor Airey	St. Juliana	3	M	146' - 0"	2007		
Sydney Sharp	St Cecilia	3	F	91' - 1"	2007		
Brennan Seiber	St Joachim	4	M	148' - 0"	2015	140' 0"	2011
Claire Couyoumjian	St Jeanne	4	F	111' 0"	2009	110' 0"	2004
Tomas Cernius	St. Francis Assisi	5	M	164' 0"	2017	157' 0"	2010
Allison O'Heaney	St. John the Baptist	5	F	120' 0"	2013	118' 0"	2002
Ryan Kay	St Angela Merici	6	M	181' 0"	2014	178' 0"	2004
Miranda Gutierrez	Our Lady Guadalupe	6	F	144' 0"	2011	137' 0"	2002
Quentin Buchman	St John's Episcopal	7	M	209' 0"	2013	201' 0"	2011
Hannah Reilly	St. Bonaventure	7	F	150' 0"	2017	142' 0"	2010
	Mission	7	F	142' 0"	2011		
Mark Eaton	St John's Episcopal	8	M	223' 0"	2014	220' 0"	2006
Shelbi Ortiz	Sts Simon & Jude	8	F	173'	2016	172' 0"	2011
Long Jump							
Brandon Gorski	St. Mary's	1	M	11' 4"	2013	11'-0"	2007
AJ Haughey	St Edward	1	F	10' 2"	2012	9' - 3"	2007
Joshua Bengard	Stoneybrooke Christian	2	M	11' 3"	2017	11' 2"	2016 / 2010
Abigail Hwang	Aliso Viejo Christian	2	F	10' 10"	2017	10' - 4"	2007
Brandon Gorski	St. Mary's	3	M	13' - 0"	2015	12' 2"	2012
Lauren Lacson	St Juliana	3	F	12' - 5"	2016	11' 10"	2012
Brandon Gorski	St. Mary's	4	M	15' 5"	2016	14' - 0"	2007
Avery Groves	St John's Episcopal	4	F	12' 3"	2016	11' 6"	2014
Brandon Gorski	St. Mary's	5	M	16' 1"	2017	15' 0"	2012
Sophia Chiramonte	Holy Family	5	F	13' 6"	2012	13' - 3"	2007
Joe Kimpler	St. Mary & All Angels	6	M	16' 8"	2005		
Carolne Glessing	Queen of Angels	6	F	14' - 5 1/2"	2016	14' 3"	2012
Marcus Lansing	St. John's Episcopal	7	M	17' 0"	2017	16' 5"	2007/2013
Nicole Merritt	St John's Episcopal	7	F	15' 5"	2013	14' - 9"	2007
Chance Siemonsma	St Joachim	8	M	18' 0"	2011	16' 10"	2004
Nicole Merritt	St John's Episcopal	8	F	16' 2 1/2"	2014	14' 6"	2012

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1600							
Connor Walcott	Aliso Viejo Christian	4	M	05:54.00	2013	05:57.00	2009
Josette Odgers	St Mary & All Angels	4	F	06:04.35	2012	06:37.0	2009
David Hulme	St Jeanne	5	M	05:29.91	2010	05:42.00	2007
Molly Mahony	St. Norbert	5	F	06:04.00	2001		
Kevin McNulty	St Jeanne	6	M	05:10.53	2012	05:25.00	2011
Isabelle Odgers	St. Mary & All Angels	6	F	05:32.03	2012	05:33.00	2005
Kevin McNulty	St Jeanne	7	M	04:53.16	2013	05:08.60	2012
Casey Hulme	St Jeanne	7	F	05:27.82	2013	05:49.00	2011
Kevin McNulty	St Jeanne	8	M	04:43.00	2014	04:58.00	2011
Katherine Delaney	St. Mary & All Angels	8	F	05:08.00	2007		
4 X 100							
McNamee, Thiessen, Johnson, Burton	St John's Episcopal	1	M	01:11.20	2012	01:11.97	2005
Shaler, Harmon, Tetley, McClory	St. Mary & All Angels	1	F	01:14.22	2002		
Neal, Schaubeck, Curti, Hass	Sts Simon & Jude	2	M	01:02.47	2011	01:06.44	2009
Jarvis, Marx, Thrash, Gomez	St Mary & All Angels	2	F	01:10.60	2006		
Buyan, P. Cromwell, daSilva, Shults	Sts. Simon & Jude	3	M	01:01.80	2005		
Allado, Davey, Signorita, Stinson	Serra Catholic School	3	F	01:04.98	2016	01:05.33	2011
Baumgartner, A. Gutierrez, D. Gutierrez, Windisch	St Angela Merici	4	M	:59.88	2014	01:01.51	2006
Davis, Calentino, Alvarez, Chichelo	St. Mary & All Angels	4	F	01:00.90	2004		
Hickenbottom, Jauregui, Nicoletti, Ryan	St Angela Merici	5	M	:57.78	2014	:58.20	2005
Wilson, Barrera, Khalek, Gather	St John's Episcopal	5	F	:58.67	2013	01:00.65	2004
D. Botas, J Curti, S. Sullivan, P. Tanghal	Sts. Simon & Jude	6	M	:55.83	2017	:56.16	2013
Gaitan, Buckley, Magsanide, Mahony	St. Norbert	6	F	:58.73	2002		
Williams, Dinsay, Borne, Kay	St. Angela Merici	7	M	:52.24	2015	:53.43	2011
Bradley, Merritt, Tyson, Wilson	St John's Episcopal	7	F	:56.41	2013	:56.93	2005
Colley, Cormie, Kaese, Williams	St. Mary & All Angels	8	M	:50.23	2014	:51.50	2004
Baldwin, Drysch, Gerardo, James	St Mary's	8	F	:54.78	2013	:55.59	2012
400							
Jacob Sprague	Serra Catholic School	1	M	01:22.30	2015	01:23.14	2012
Dylan Woodards	Serra Catholic School	1	F	01:24.77	2017	01:25.20	2015
Max Smaldino	Serra Catholic School	2	M	01:13.99	2016	01:16.33	2011
Maya Woolforde	Serra Catholic School	2	F	01:15.83	2016	01:20.34	2013
Gavin Allegaert	Mission Basilica	3	M	01:10.20	2016	01:12.00	2006
Maya Woolforde	Serra Catholic School	3	F	01:08.85	2017	01:13.35	2016

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Jack Terry	St John's Episcopal	4	M	01:10.08	2012	01:11.28	2010
Rachel Hester	St Francis Assisi	4	F	01:12.78	2014	01:13.91	2005
Parker White	St Mary & All Angels	5	M	01:04.95	2009	01:06.39	2007
Rachel Flory	Sts Simon & Jude	5	F	01:06.07	2009	01:08.00	2001
Tyler Jauregui	St Angela Merici	6	M	01:00.27	2015	01:03.06	2012
Christa Hayden	Serra Catholic School	6	F	01:06.17	2017	01:06.44	2012
Kevin McNulty	St Jeanne	7	M	:58.41	2013	:59.80	2004
Chloe Boice	St Mary's	7	F	01:05.67	2013	01:06.60	2010
Robert Colley	St Mary's	8	M	:56.94	2014	:56.99	2004
Kaitlin Merritt	St John's Episcopal	8	F	01:03.25	2011	01:05.20	2005
200							
Joseph Keegan	St Bonaventure	1	M	:33.03	2013	:34.37	2011
Maya Woolforde	Serra Catholic School	1	F	:33.72	2015	:34.37	2005
Parker White	St. Mary & All Angels	2	M	:32.33	2006		
Emily Davey	Serra Catholic School	2	F	:32.69	2015	:34.12	2010
James Johnson	St Bonaventure	3	M	:30.55	2016	:31.03	2010
Maya Woolforde	Serra Catholic School	3	F	:30.33	2017	:30.72	2016
Jordan Walker	St. Mary & All Angels	4	M	:28.71	2011	:30.53	2005
Kate Goggins	St Francis of Assisi	4	F	:28.95	2013	:30.98	2012
Jordan Walker	St Mary & All Angels	5	M	:27.82	2012	:28.37	2009
Jordyn Gather	St John's Episcopal	5	F	:29.45	2013	:30.29	2004
Marcus Lansing	St John's Episcopal	6	M	:26.38	2016	:27.53	2013
Morgan Jennings	St Bonaventure	6	F	:28.31	2014	:29.09	2011
Nathan Lacson	St Juliana Falconieri	7	M	:26.24	2014	:26.30	2005
Kelly Ryono	St Bonaventure	7	F	:27.72	2014	:28.44	2012/2013
Ryan Merritt	St John's Episcopal	8	M	:24.62	2009	:25.04	2007
Taylor Gather	St John's Episcopal	8	F	:27.23	2013	:27.43	2011
100							
Connor Collins	St Francis Assisi	1	M	:15.30	2012	:15.90	2005
Maya Woolforde	Serra Catholic	1	F	:15.78	2015	:16.35	2013
Connor Collins	St Francis Assisi	2	M	:14.91	2013	:15.58	2005
Maya Woolforde	Serra Catholic	2	F	:14.91	2016	:15.75	2013
Jared McDuffie	St Bonaventure	3	M	:14.22	2014	:14.91	2013
Maya Woolforde	Serra Catholic	3	F	:14.22	2017	14.83	2016
Daniel Gutierrez	St Angela Merici	4	M	:12.40	2014	:13.94	

